



Camp Director

Tim Homan enters his fifth season as the University of Sioux Falls wrestling coach, as the program has been restarted under his supervision.

Through his first four years at the helm, the newly reinstated program has qualified 17 individuals to the NAIA championships and amassed eight All-GPAC selections. Homan has coached two Cougars to individual GPAC titles, most recently Joe Skow as a heavyweight in 2009. Through dedicated recruiting efforts, he has already

attracted some of the best talent in the state and the region. Multiple-year state place-winners and transfers helped USF place sixth at the GPAC championships in the team standing, a significant improvement from 2008's finish.

Part of the success he's attained is credited to his strong background in wrestling in South Dakota. The 1981 graduate of Augustana College was an

All-Conference Academic Team selection, a three-time NCC wrestling place winner, and a two-time NCAA D-II All-American. Homan earned a Bachelor of Arts degree in Physical Education and studied geography as a minor. Homan continued his education at the University of South Dakota, where he earned his Master of Arts in Health, Physical Education, and Recreation.

Homan's coaching career began in the Webster school district. From 1981-83, he served as the head wrestling coach and an assistant coach on the football and track teams. In his final year at Webster, Homan was nominated for the South Dakota Wrestling Coach of the Year award.

In 1983 he moved on to Brandon, South Dakota. At Brandon Valley High School he was the assistant wrestling coach until 1990 and head coach until 1995. In 1986, Homan was named the South Dakota Assistant Coach of the Year.

From 1995-2004, Homan led Roosevelt High School's wrestling team. There, he was named Sioux Falls Coach of the Year in 2000, 2003, and 2004. He earned Greater Dakota Conference Coach of the Year honors in 2003 and 2004. Homan was named Region I Wrestling Coach of the Year in 2004. Most recently, Tim Homan has served as the head wrestling coach in the Luverne School District.

Tim Homan
Head Wrestling Coach
University of Sioux
Falls

Instructional Camp

June 15-17

Grades 1-6 **Grades 7-12**
10:00 a.m.-Noon 1:00-4:00 p.m.

Every Camper Will Receive:
Camp T-shirt

Areas Covered:

- Takedowns
- Riding
- Pinning
- Down Wrestling
- Mental Preparation

Staff



Robin Ersland
Head Wrestling
Coach Minot
State University

Robin Ersland is the new wrestling coach at Minot State University. Prior to coming to Minot State he was the wrestling coach for the University of Central Missouri.

While at Central Missouri he lead 10 teams into top 20 national team finishes. In his 30 years of coaching he have participated at the NCAA Division I, II and III levels, as well as coached on many national and international teams.

Chase Lee - Head Wrestling Coach for Bishop Ryan High School

John Lafontaine - Assistant Wrestling Coach for Bishop Ryan High School

Aric Lee - Assistant Wrestling Coach for Century High School

BRHS Wrestling Camp

Enrollment Information

Cost:

\$55-Grades 1-6

\$65-Grades 7-12

Enrollment is Limited

1. Fill out the registration form

2. Mail application along with check to:

BRHS Wrestling
Bishop Ryan High School
316 11th AVE NW
Minot, ND 58703

3. Make checks payable to:
BRHS Wrestling Camp

4. For further information contact
Chase Lee at (701) 720-3322