

Valley City Express Folkstyle Tournament
All Trophy Awards
Saturday, February 27th, 2010



- Awards :** Trophies for 1st – 5th place
Where : Valley City High School Activity Center, Valley City, ND
Weigh-In : 8:30 AM - 9:30 AM
Wrestling: Starts at 10:30 AM
Format : 5 Man Round Robin, USAW age divisions.
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|-------------------------------------|-----------------|
| Sub-bantam (born in 2004 and later) | (1, 1, 1) |
| Bantam (born in 2002 & 2003) | (1, 1, 1) |
| Intermediate (born in 2000 & 2001) | (1, 1, 1) |
| Novice (born in 1998 & 1999) | (1 ½, 1 ½, 1 ½) |
| Schoolboy (born in 1996 & 1997) | (1 ½, 1 ½, 1 ½) |

USAW cards are **not** required.

Admission: Wrestlers \$12, Adults \$4, Students \$2

We will also have a pancake breakfast available in the morning so kids can weigh in and then get a quick bite to eat. Great concessions and a great tournament in Valley City's new Hi-Liner Activity Center. We look forward to hosting your team and fans.

Questions/Contact: Bob Lemnus at blemnus@csicable.net

Name: _____ Birthdate: _____ Division: _____

City/Club: _____ Years Wrestled: _____

I _____ (parent/guardian) give _____ permission to participate in the Valley City Express wrestling tournament. I will not hold the Express Wrestling club, coaches, tournament workers or the Valley City Public School district responsible for any injuries.

Parent/Guardian: _____ Date: _____

Tournament Official Use Only: Weight _____ (Initialed) _____