

The Jamestown Taz Wrestling Club will host the:



North Dakota



STATE GRECO & FREESTYLE USA wrestling Tournament

April 30 & May 1st, 2010

Junior & Cadet National Qualifier

Thank you Amvets of ND for being the State Greco sponsor.

Jamestown Civic Center

Concessions will be provided by the Jamestown Civic Center & are not controlled by the Taz Wrestling Club No outside coolers or food may be brought in to the arena.

Wrestlers must be a ND resident or ND club member

Registration & Weigh-ins Friday April 30th CST:

1. Greco & Freestyle wrestlers 12:00 – 2:00 pm
2. Freestyle only 7:00 – 8:00 pm or with first group.

Day Care available Saturday– See back side for information

Registration & Weigh-in Requirements:

1. Wrestlers must provide a copy of their birth certificate if not on record at the time of registration, **NO EXCEPTIONS!!**
2. Wrestlers must have a current USA card.
3. Registration will be \$14.00 per style.
4. No Saturday Registration or Weigh-ins.
5. Weigh-ins are with singlets.
6. One time weigh-in. You may challenge other scales, but you cannot leave to cut weight.

Wrestling:

Greco - Friday:

4:00 Start: Cadet, Bantam, Sub Bantam (All divisions will stay at mat side to completion).
Followed by: Intermediate, Novice, Schoolboy, & Junior. (As mats open up)

Freestyle - Saturday:

8:00 am Doors open
9:00 am Opening Ceremony **Please arrive by 8:40**
9:30 am Start: Intermediate, Bantam, Sub Bantam, & Juniors
(All divisions will stay at mat side to completion).
12:00 Start: Novice, Schoolboy, & Cadet (As mats open up).

Tournament Information:

Rules: F.I.L.A. with current USA Wrestling Modifications - Freestyle, Greco

Gate: \$5.00 Adult \$3.00 Children

Headgear is required for Schoolboy and younger.

Day Care - The Jamestown Dance Team will provide day care on Saturday from 9:30 - 2:30.

Free will offering will be accepted. For more information contact: Deborah.Hanson.1@sendit.nodak.edu

Coach's Passes: 1 pass per 8 wrestlers will be given to the head coach upon his arrival to distribute to his USA card holding, copper certified, coaches as he sees fit. Head coach note: if you would like us to have a list of your coaches at the door, please respond to dzuck@daktel.com with your # of wrestlers and a coaches list.

Coach's cards **do not** provide free admission.

New Clubs or Towns should let us know that you will be there so we can have a sign for you during the Parade of Athletes.

Weight classes and length of matches: All Divisions Length 3-2 min. periods, 30 sec. in between

Sub Bantam (2004 or later)	40, 45, 50, 55, 60, 65, 70, 75, 75+	15 lb max difference
Bantam (2002 or 2003)	40, 45, 50, 55, 60, 65, 70, 75, 75+	15 lb max difference
Intermediate (2000 or 2001)	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+	20 lb max difference
Novice (1998 or 1999)	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+	25 lb max difference
Schoolboy (1996 or 1997)	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265	
Cadets (1994 or 1995)	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285	
Juniors (Born 9/1/90 and after, plus enrolled in grades 9-12)	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285	

Hotels: Gladstone 252-0700, Comfort Inn 252-7125, Super 8 252-4715, Quality Inn 252-3611
(Indicate wrestling when you call)

Questions: Contact: Greg White
H-952-7995, W-952-4117
Greg.White@sendit.nodak.edu

Dave Zuck
H-952-9141, Cell 320-9194
dzuck@daktel.com