

## HOTEL CONVENIENCES

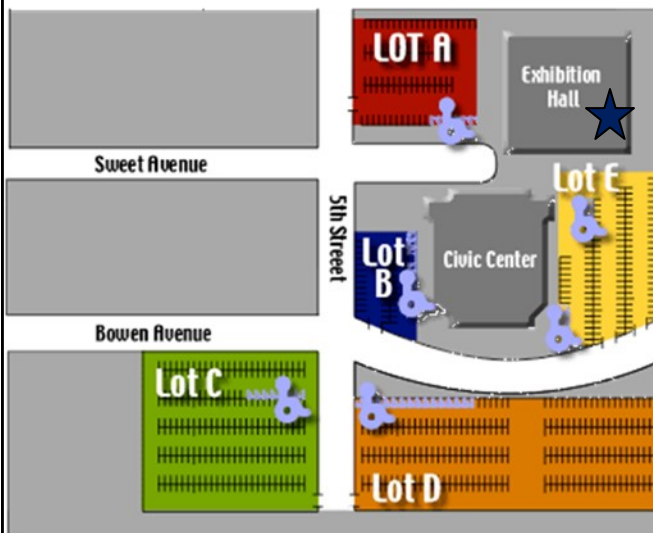
To ensure getting these rates ask for the ND State USA Folkstyle Wrestling Tournament rate.

Candlewood Suites	701-751-8901	\$89.99
Days Inn	701-223-9151	\$59.95 single \$69.95 double
Doublewood Inn	701-258-7000	\$73.00
Expressway Inn	701-222-2900	\$69.95
Expressway Suites	701-222-3311	\$79.95
Fairfield Inn North	701-223-9077	\$69.00 (2 queens) \$79.00 (1 king)
Fairfield Inn South	701-223-9293	\$69.00 (2 queens) \$79.00 (1 king)
Kelly Inn	701-223-8001	\$74.99 single \$79.99 double
Radisson Hotel	701-255-6000	\$91.00
Ramkota Hotel	701-258-7700	\$84.00
Select Inn	701-223-8060	\$59.99 (queen 2 ppl) \$65.99 (double 2 ppl)
Seven Seas Hotel & Waterpark	701-663-7401	\$79.00

## CONTACTS

Jeff Blee	701-220-7278
Chad Renner	701-400-4689
Dyke Boese	701-255-1057
Chad Nein	701-400-7884

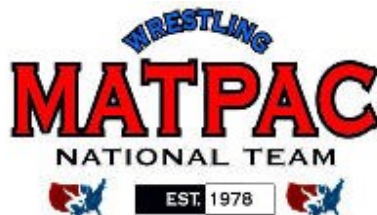
## Bismarck Civic Center



**NO COOLERS ALLOWED  
IN THE CIVIC CENTER**



Tournament Host Team:



[www.matpacwrestling.org](http://www.matpacwrestling.org)

# 2010 ND USA KIDS FOLKSTYLE

Individual



**STATE  
WRESTLING  
TOURNAMENT**

**MARCH 27<sup>th</sup>**

**Civic Center Exhibition Hall  
315 South 5th St  
Bismarck, ND**

# ND USA Wrestling

## 2010 State Folkstyle

### Individual Tournament

---

#### ENTRY FEE / RULES:

\$15.00 per participant

Folkstyle rules apply

---

#### REGISTRATION / WEIGH-INS:

Registration / weigh-ins / skin checks for individuals will take place at the Civic Center Exhibition Hall on the following date/times:

March 26th; 12:00 to 3:00 pm and/or 7:00 to 8:30 pm

---

#### Divisions, Weights & Bout Info:

**Sub-Bantam:** 40, 45, 50, 55, 60, 65, 70, 75 & 75+ (15 lb max)  
(2004 and later) ... (3) -1 min periods

**Bantam:** 40, 45, 50, 55, 60, 65, 70, 75 & 75+ (15 lb max)  
(2002 - 2003) ... (3) -1 min periods

**Intermediate:** 50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120 &  
(2000 - 2001) ... (3) - 1 min periods 120+ (20 lb max)

**Novice:** 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140 &  
(1998 - 1999) ... (3) - 1½ min periods 140+ (25 lb max)

**Schoolboy/girl:** 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152,  
(1996 - 1997) ... (3) -1½ min periods 160, 175, 190, 210 & 265

**Cadet:** 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160,  
(1994 - 1995) ... (3) - 2 min periods 171, 189, 215 & 285

**Junior:** 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171,  
(1990 - 1993) ... (3) - 2 min periods 189, 215 & 285  
(Grades 9-12)

#### AWARDS:

Given to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup>.  
Participation awards to all other competitors

---

#### ADMISSION:

Adults - \$5.00

Students - \$3.00

5 and under - Free

---

#### COACHES/FLOOR PASS:

Coaches are required to have a current USA Wrestling Coaches Card to go on the floor, or they can purchase a coaches floor pass for \$20 at the head table.

---

#### WRESTLING SCHEDULE:

Cadet – 8:00 AM 3/27/10 (Saturday)

Junior– 8:00 AM 3/27/10 (Saturday)

Sub-Bantam – 9:30 AM 3/27/10 (Saturday)

Bantam – 9:30 AM 3/27/10 (Saturday)

Intermediate – 11:00 AM 3/27/10 (Saturday)

Novice – 11:00 AM 3/27/10 (Saturday)

Schoolboy/Girl – 2:00 PM 3/27/10 (Saturday)

---

#### BRACKETING:

ND USA State Tournament guidelines will be used. It is advisable to check posted brackets prior to start of wrestling to ensure your child has been placed in the proper division and weight class.

#### REQUIREMENTS:

Wrestlers must have a copy of their birth certificate to show if challenged. Wrestlers must have a 2010 USA Wrestling Card. **We highly recommend you get your card online for \$29.75 before the tournament. Instructions can be found at the link on the left side of the [www.matpacwrestling.org](http://www.matpacwrestling.org) website. Cards can be purchased at the tournament for \$40.00.** The “2 Stamp Rule” does not apply for this tournament. Wrestlers must be a ND resident or a member of a ND Wrestling Club.

---

#### QUALIFIER:

This tournament is a state tournament qualifier. ND USA Wrestling Cards will be stamped.

---

#### NOTICE:

All wrestlers should be at the gym 30 minutes prior to their starting time.

---



Thank you for attending the 2010 ND USA State Folkstyle Wrestling Tournament.  
We hope you enjoy your stay!