

GRAND FORKS



**GLADIATORS
WRESTLING CLUB**

**Grand Forks Gladiators USA Wrestling
Freestyle and Greco-Roman Tournaments
Saturday, April 17, 2010
Central High School Gymnasium
200 block of North 5th Street**



Weigh-Ins: We will be conducting weigh-ins from 8:00 AM - 9:30 AM in the Central wrestling room. The scales will close at 9:30 AM sharp. Marshaling for freestyle will begin at 10:30 AM. Wrestling will begin at 10:30 AM. Wrestlers will be bracketed in 4-man round-robin groups by scratch weight. A rules clinic will be held at 10:15 AM.

PLEASE NOTE: YOU MUST WEIGH-IN ON SITE SATURDAY MORNING AND A USA CARD IS REQUIRED TO WRESTLE.

Coaches: If your club plans on attending the tournament, please contact us ASAP. This will allow us to plan accordingly for awards.

Age Divisions: Sub Bantam (2004-2005), Bantam (2002-2003), Intermediate (2000-2001), Novice (1998-1999), Schoolboy (1996-1997), Cadet (1994-1995), Junior (9/1/90 & in High School)

*****Wrestling will run continuously. As the Freestyle tournament is finishing, we will start the Greco tournament.**

Brackets: 4-man round robin brackets using scratch weight. Age divisions and weights may be grouped to optimize competition (For example Cadets & Juniors may wrestle together).

Awards: Trophies for top 4 placers in each weight class.

Cost: \$8 per wrestler per tournament (i.e. \$16 for both tournaments). USA Cards will be sold for \$35 at the tournament. Please try to purchase your USA Cards in advance at www.themat.com

Spectators: Adults \$5, Under 18 free

Contacts: Jeff Welsh (701) 746-9969 Matt Berglund (701) 795-5645

Please place a check in the box for each tournament you enter.

_____ **Freestyle** _____ **Greco-Roman**

WRESTLER _____

DATE OF BIRTH _____ **PLEASE CIRCLE AGE DIVISION BELOW**

SUB-BANTAM	BANTAM	INTERMEDIATE	NOVICE	SCHOOLBOY	CADET	JUNIOR
2004-05	2002-03	2000-2001	1998-99	1996-1997	1994-95	1990-93

WEIGHT (FILLED OUT BY SCALE MASTER) _____

CITY/CLUB _____ STATE/PROVINCE _____

EMERGENCY PHONE _____ USA Card # _____

In consideration for the acceptance of wrestling in the Grand Forks Wrestling Tournament, I agree to waive and release the owners of the real estate where the tournament is being held and their agents, representatives, committees, and members from any and all claims or rights to damages, injuries, and / or losses suffered by me, whether competing, watching, or traveling to or from this tournament. I further state that I have adequate health and accident insurance to cover any injuries or sickness during this tournament. I also give permission for tournament officials to provide emergency medical care.

PARENT / GUARDIAN / COACH _____ DATE _____
(MUST BE SIGNED BEFORE WRESTLING)